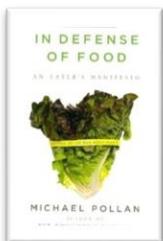




“Off the Shelf” Book Group

January - June 2024

Our book group meets at 7:00 p.m. the first Tuesday of the month downstairs in the Library’s meeting room. Copies of discussion books will be available at the front desk one month before the group meets.



***In Defense of Food* by Michael Pollan (Nonfiction)**

Tuesday, January 2

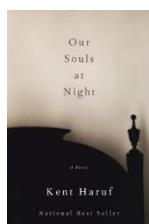
Examining the question of what to eat from the perspective of health, this powerfully argued, thoroughly researched and elegant manifesto cuts straight to the chase with a maxim that is deceptively simple: “Eat food , not too much, mostly plants.” Good advice over the holidays!



***Pudd'nhead Wilson* by Mark Twain (Classic Fiction)**

Tuesday, February 6

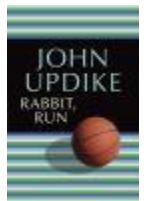
Here is Twain’s OTHER slave story, just in time for MLK Day and Black History Month. A slave nurse switches her own child for the Master’s son. Years later, when Roxana’s real son has turned to gambling, murder, and theft, it is the country lawyer, Pudd'nhead Wilson, who unmasks the true identity of the two.



***Our Souls at Night* by Kent Haruf (Current Fiction)**

Tuesday, March 5

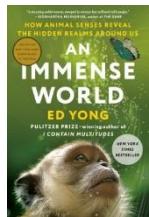
Addie Moore and Louis Waters, a widow and widower each living alone, forge a loving bond over their shared loneliness, provoking local gossip and the disapproval of their grown children in ways that are further complicated by an extended visit by a sad young grandchild. Kent’s final novel, and a perfect Valentine’s Day read.



***Rabbit, Run* by John Updike (Classic Fiction)**

Tuesday, April 2

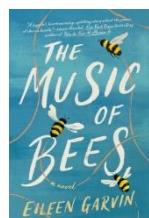
Harry "Rabbit" Angstrom, is a onetime high-school basketball star who on an impulse deserts his wife and son. He is caught in a struggle between instinct and thought, self and society but holds to the faith that he is on the right path. Just in time for “March Madness”



***An Immense World* by Ed Yong (Nonfiction)**

Tuesday, May 7

The Pulitzer Prize-winning New York Times best-selling author examines how the world of animal senses can help us understand and transform the way we perceive our world. This is a great Earth Day read.



***The Music of Bees* by Eileen Garvin (Current Fiction – Summer Reading)**

Tuesday, June 4

Three strangers navigating grief and devastating setbacks cross paths in a rural Oregon town, where they find unexpected friendship, healing and new chances on local honeybee farm. A “Good Morning America” BUZZ pick.